

Modalities/Quadruplicities

The modalities describe how energy manifests as movement, either outwardly, inwardly, or spiraling.

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| Householder Cardinal- Initiating Outward | <i>Solstices and Equinoxes.</i> The emphasis is on action and origination, getting things started, getting things going, moving the energy in a defined direction. Experts of family, community, relationship, and protection. |
| Excess | May be too restless, impatient, domineering. May have too many projects and commitments to give them proper attention. May not complete what they start |
| Deficient | May lack initiative and drive to get things going. |
| Balanced | Purposeful, directed, generating, initiating, active. |
| Imbalanced | Too much activity, doesn't finish what is started, impatient, dissatisfied, restless |
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| Self Interest Fixed- Stabilizing Inward | <i>Seasonal Cross-quarter.</i> The emphasis is on sustaining what is already in motion. Fixed signs help finish what the Cardinal signs have begun. Fixed signs exhibit direction, purpose, the ability to see something through to the end. They attempt to mold their environment to their will. They are single minded in their pursuit of a goal and not easily swayed. They are the perfectors and finishers. Focused on Self |
| Excess | May be rigid, stubborn, and unwilling to change. May be a tyrant who is afraid of change. |
| Deficient | May lack stamina and the ability to concentrate to see things through to the end. |
| Balanced | Focused, determined, stabilizing, conserving, persistent, sustaining, establishing. |
| Imbalanced | Obsessed, stubborn, rigid, stuck, lacking stamina, lacking flexibility. |
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| Service To Spirit Mutable- Adapting Spiraling | <i>Ending the current season getting ready to begin a new season.</i> The emphasis is on adaptability. What was begun by the Cardinal signs and sustained by the Fixed signs is adapted to the changing world by the mutable signs. Mutable signs are flexible, thriving on change. Connects the inward (Fixed) and outward (Cardinal) energies and adapts them to the changes constantly taking place in time and space. Dedicated to Service. |
| Excess | May be indecisive, restless, and high strung, prone to worrying to the point of exhaustion. |
| Deficient | May be inflexible, scattered, unable to finish anything. They may dissipate their energy becoming ineffective. Inability to respond to the constant changes of life. |
| Balanced | Versatile, flexible, linking, connecting, learning, changing, adapting. |
| Imbalanced | Vacillating, inconsistent, worrying, unfocused, depleted, distracted, restless. |