



New Moon (15 Sagittarius 07) December 5-7, 2018

These days are useful for envisioning the next lunar month. Imagine you are planting seeds and setting intentions. Take some personal time, go within and create your intentions with as much lucidity and clarity as possible.

Themes to consider when setting intentions include:

- Has your life lost a sense of meaning and purpose?
- What is your truth?
- How often do you go on an adventure?
- Is there something new, or something you have put off for awhile, that you would like to explore?
- Are you feeling bored?
- Consider doing something you have never done before.
- Consider taking time, away from others, to contemplate larger life questions.
- Consider this a great time for some kind of travel (mental or physical).

This is the last New Moon before the December Solstice and for this year 2018.

First Quarter Moon (23 Pisces 27) December 14-16, 2018

This is the testing ground where you may face challenges preventing you from fulfilling the intentions you have activated. It's time for making decisions, a reckoning perhaps. It can feel like a referendum on the seeds you planted last week. You could possibly regret that you intended the course of action you are on, or perhaps regret that you ignored the possibilities completely.

In any case, some kind of action is required, despite your uncertainties. It's not the time for resting or escaping. It's not too late to act on your plans. It is best to trust the correctness of your intentions, even if you are faced with challenges or uncertainty.

Full Moon (00 Cancer 49) December 21-23, 2018

This is a time for maximum expansion - when the energies of life are most pronounced and heightened. Extreme experiences may occur including overwhelming fullness of your consciousness and your perceptions may be wildly exciting. It's great to be alive - to see and feel everything, even in the middle of the night.

However, these experiences can be so overwhelming it may feel like too much. Less sleep may be a side affect because your consciousness is so expanded. Beware of manic behavior, as well as irrational fears that can surface in you or others. This is understandable as previously hidden (in the dark) or repressed inner aspects (also in the environment around you) are now exposed.

At this time the seeds of intention from a previous New Moon have grown and stand revealed. If you have intended well, this is a gratifying time. Bask in the joy of their manifestation. In such cases, who needs sleep?

However, if you have not clearly intended or seeded at the New Moon, or failed to take actions toward their manifestation, you might feel remorse, even disappointment, as you become increasingly aware of what you may have missed. Notice these feelings, while remembering to go easy on yourself, as your self-judgment, and oversensitivity to the judgment of others, can also be greatly expanded now.

This Full Moon includes several additional feature and things to consider:

- If things have gone well since the New Moon, you are likely feeling really good about yourself and your life, and even have seen and felt some beneficial results from your actions.
- An enthusiasm for new adventures and new vistas has entered your life.
- Ideally you have taken the time to ponder the meaning and purpose of your life going beyond the boring and routine. Hopefully, you have done at least one thing that you had always dreamed of doing.
- This time has been about displaying actions rooted in the knowing that all things are possible, inspiring others to know it too.
- Beware of pitfalls that may arise unexpectedly and that others can easily notice including:
 1. A certain dogmatic attitude that your truth is the only truth
 2. Wild and scattered energy at the expense of any responsibility
 3. Overwhelming enthusiasm that outweighs any other views
 4. Overarching freedom that obliterates important current commitments
 5. Hyper out-of-control communication, without any interpersonal sensitivity

If, however, it's not been so good these past weeks, having failed to set intentions, or not seeing them manifest, you will feel incapable of escaping awareness of your predicament. It is best to have compassion and empathy for yourself rather than judge yourself for your seeming failure to set intentions, or to carry them through, or judging the outcome. The expanded awareness you now have is to be remembered, considering what actions to implement that are beneficial for you, others, and the world.

Another important factor to consider is the urge to act erratically or irresponsibly when you are seized by the strong intuitive urge to just take off, to get out of town, to have an unplanned adventure. If it's in your nature to do this, no one will be surprised. But if this way of being is not how you usually are, then your actions could be somewhat shocking and off-putting to others.

However, this is an important time to explore unknown sides of yourself, while also being aware of the potential problem of coming on too strong with your truth or your discoveries. Remember that the path of adventure and the emphasis on meaning and purpose is *Your* journey. This is NOT about teaching or convincing others. Also be aware this is not about extreme separation from your tribe, family, or community as this creates its own unique set of challenges.

Interestingly, this Full Moon is also about accessing the emotional richness of family and community. This contrast from the seeds of intention you may or may not have sown at the New Moon may be expressed through the desire for close connection and the desire to get far away simultaneously.

Your opportunity is to somehow perceive the larger view just for yourself, together with the very real need to be connected with a nurturing family and community.

If you are a person who has a created balance between following the beat of your own drum, and joining in with loving family and community, this is a wonderful Full Moon time for you.

However, operating from either extreme can contribute to what has rightly been called lunacy. In any case, the illumination and expansion of this time will cast the necessary light of awareness on your situation.

Remarkably, this Full Moon occurs close to Winter Solstice and Christmas, adding even greater power and intensity serving as a summation for the whole year if utilized as such.

Last Quarter Moon (07 Libra 36) December 28-30

These days are not a time of rest or pure escape but rather require action. A key word is dissemination or the spreading of knowledge, information, insights, ideas, wisdom.

If you set intentions at the New Moon, took decisive, inspired action at the First Quarter Moon, bathed in a sense of accomplishment during the Full Moon, then this is a tremendous time to share, to express, to contribute what you have learned, and what you have gained.

This is not to be viewed as one more accomplishment, or additional *doing*, but rather an elegant and mature giving back, an effortless sharing, reserved for those open to receiving. Possibly what you are sharing are future seeds of intention to inspire others.

However, if you have not had an illuminating or successful time these past weeks, you could be feeling the stress of having missed an opportunity. Events in your life may reflect your disappointment in having little to share, or in having made few, if any, strides toward a fulfilling life.

Use these difficult feelings and experiences to inspire a different approach, augmented by greater awareness and conviction next month and next year.